

Health & Wellbeing Event – 24th to 26th October 2017



The aim of this event is to inform and inspire the College community to take positive steps with regards to their own Health & Wellbeing as well as that of others.

We were delighted to welcome the following exhibitors to the College on the Tuesday, Wednesday and Thursday.



Our staff and students were offered free Mini Manicures, Mini Facials and Shampoo & Blow dries were available for everyone (*courtesy of Hairdressing, Make-up Artistry and Beauty Students*).



Inspire Catering offered healthy options all week and the College provided complimentary fruit, porridge and soup.

Staff had the opportunity to get their blood pressure and BMI checked by the HNC Care and Administrative Practice Students.

